

Gardening With Nature

by Patricia J. Lucey - February, 2026

Resources

Book: Eliot Coleman: "The New Organic Grower, 3rd Edition: A Master's Manual of Tools and Techniques for the Home and Market Gardener, 30th Anniversary Edition."

Book: [Sara Chisholm Ryder, editor: "The Organic Backyard." Published by Canadian Organic Growers, and available through Shopify](#)

Video: [MIGardener Channel](#) - NOTE: Luke Marion is gardening in St. Clair, Michigan (USDA Zone 6a/b, comparable to the area around London - Hamilton, Ontario)

Video: [GrowVeg Channel](#) - NOTE: Benedict Vanheems is gardening in Chipping Norton, Oxfordshire, UK (comparable to USDA Zone 8b-9a - southeastern states and Pacific coast)

Video: [How to Grow a lot of Food in a Small Garden - 9 EZ tips](#) - NOTE: Patrick Dolan gardens in the Chicago, Illinois area, USDA Zone 5b, comparable to the area around London - Hamilton, Ontario.

Video: [You Only Need 1m² \(10ft²\) To Grow a Huge Amount of Food.](#) - NOTE: Huw Richards gardens in Wales, in Zones 8 and 9, similar to US Pacific coastal zones.

Video Series: [Soil Food Web](#)

Video: [Anaerobic Composting - How Does It Work?](#)

Video: [Worm Composting: How to Make a Wormery](#)

NOTE: The videos I have recommended above are all produced by gardeners who live in hardiness zones which are warmer than Ottawa's. They have excellent growing advice to share, but of course their planting calendars differ from ours. In the following links, I've included the Farmers Almanac Spring and Fall Planting Guide for Ottawa, which I've found to be very useful in setting up my own calendar dates, crop by crop.

Links:

[Farmers Almanac Ottawa Spring and Fall Planting Guide for 2026](#)

[Good general article on Soil](#)

[Good article about Humus](#)

[Canadian Organic standards](#)

[Ottawa-Gatineau Agricultural Soil Map](#)

[Rodale Institute Organic Farming Practices](#)

[Welcome to CropIPM](#)